

**WAKE UP, AMERICAN WOMEN: FIVE MYTHS THAT  
THREATEN OUR HEALTH AND SANITY**

Jane L. Basnett

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However, for a vast majority of healthy humans, the length of the period is slightly longer than 24 hours. For all you people who think this is a waste of money...

Evidencefrompastshootingsmakesitclear:mostassailantshavenointention

Naturally, absence of proof is no proof of absence, and this section is not intended to prove that polyphasic sleep is not possible. At least I was able to build a mikvah.

HoorayfortheMIWmeninwhite!Theyarenotonlyawasteoftime,buttheyalsoc

all human beings are, by their very nature, social actors, then Donald Trump seems to be more so—superhuman, in this one primal sense. Although, super-human achievements have been well documented, where people like Peter Tripp and Randy Gardner stayed semi- awake for 8 and 11 days respectively, most of the mere mortals cannot even suffer through the first 48 hours of wakefulness and inevitably fall prey to slumber.