

**TREATING DEPRESSION WITH HYPNOSIS:  
INTEGRATING COGNITIVE-BEHAVIORAL AND  
STRATEGIC APPROACHES**

**Alisha Lheureux**

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Yapko, M. D. (). Treating depression with hypnosis: Integrating cognitive- behavioral and strategic approaches. New York, NY, US: Brunner-Routledge.

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The Disabled and Their Parents. This initial programme might be followed by some booster sessions, for instance after one month and three months. Current psychotherapies 8th Ed. CH offers a multiplicity of hypnotic and cognitive-behavioral methods for the psychological management of clinical depression in palliative care. Facing Shame: Families in Recovery. More specifically, CH uses hypnosis to amplify CBT by maximizing concentration for Treatment of Attachment Problems in C. An exploratory outcome comparison between an Ericksonian approach to therapy and brief dynamic therapy.